

بنام خداوند بخشنده مهربان

*NonMalignant Granulocyte &  
Monocyte Disorders*

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# Overview

In this lecture we discuss " Benign Changes in Granulocytes & Monocytes as a response to various nonmalignant disease states and toxic challenges".

These changes include both "Quantitative & Qualitative variations that can be detected by Laboratory tests.

So it divided to changes in quantity & morphology of Neutrophils, Eosinophils, Basophils & Monocytes in Acquired & Inherited states.

# Peripheral White Blood Cells

- Two categories:

- 1. Granulocytes

- ◆ Neutrophil: acute inflammation, first line of defense. (Band, segmented, hypersegmented)
- ◆ Eosinophil: allergic response, parasitic
- ◆ Basophil: severe allergic, heparin and histamine in granules



# Introduction

\* it well recognized that:

"Changes in leukocyte concentration & morphology are the **Body's Normal Responses**".

\*most often *One cell Type* affected than others and provide important clue to Diagnosis.

\*the cell type affected depends largely on it's **Function**(e.g. Bacterial infection----Neutrophils)

\*thus absolute determination of cell type count aids in differential diagnosis ,especially when Total Leukocyte Count is Abnormal.

# Leukocytosis

refer to a condition in which the total leukocyte count is more than  $11.0 \times 10^9/L$  in an adult.

\* reference range vary significantly among different sources and laboratories.

\*\*the absolute concentration of each cell type of leukocyte can be calculated from:

*Absolute cells/L* = Total Leukocyte Count/L x  
Percent of cell type from differential count

# Leukopenia

Refers to a decrease in leukocytes below

$4.5 \times 10^9/L$

usually due to decrease in Neutrophils but lymphocytes and other cell types rarely can be contribute.

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Morphologic or Qualitative variations of WBCs are noted by **Stained Blood Smear Examination**. Some of them affect cell Function while others-

# ***NEUTROPHIL DISORDERS***

Neutrophils are most numerous white blood cells within peripheral blood.

Neutrophilia is more common than neutropenia.

Qualitative changes requires careful microscopic examination.

Qualitative changes provide important diagnostic information.

## Neutrophil

- Segmented neutrophils, most common WBC as well as most common stage of the neutrophil seen in peripheral blood.
- NOTE: granules are neutral staining, therefore not readily visible.



# *QUANTITATIVE DISORDERS*

1- Caused by Malignant or Benign disorders.

2- Benign disorders are usually ACQUIRED and may cause an increase ( *NEUTROPHILIA* ) or decrease ( *NEUTROPENIA* ).

3- Neutrophilia is more common.

4- Three main mechanisms affecting neutrophil concentration in peripheral blood.

# *Factors Affecting Neutrophil Concentration in PB*

- \*Bone marrow production & release
- \*Rate of Neutrophil egress to tissue or survival time in blood
- \*Rate of marginating to circulating pool

# *Neutrophilia*

1-Neutrophil count varies with Age & Race

2-In adults exceeds  $7.0 \times 10^9 / L$

3-Benign neutrophilia mostly as a result of reaction to physiologic or pathologic process and is called **Reactive Neutrophilia** & divided to:

Immediate , Acute , Chronic Neutrophilia

## Neutrophil

- Band neutrophil: Immature peripheral neutrophil seen in Left Shift.
- (Maturation from bone marrow to peripheral blood: blast, progranulocyte, myelocyte, metamyelocyte, band, seg, hypersegmented).
- Nucleus is parallel borders. Looks like a sausage.



# Immediate Neutrophilia

- Can Occure without Pathologic stimulus
- Probably a simple redistribution of marginated granulocyte pool(**MGP**) to circulating granulocyte pool(**CGP**).
- 50% of neutrophils are freely circulating & other 50% are loosely attached to vessels endothelial cells.Lab count only CGP.

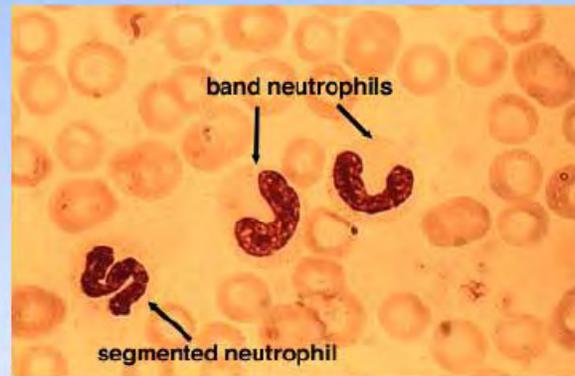
# Immediate Neutrophilia

- Neutrophil increase is immediate but transient, lasting about 20-30 minutes
- Appear to be independent of bone marrow input and tissue egress.
- Also called **PSEUDONEUTROPHILIA** or **SHIFT NEUTROPHILIA**, because no real change in number within vasculature occurs.
- Neutrophils are Mature & Normal.
- Due to Active  
Exercise, Epinephrine, Anxiety, Anesthesia

# ACUTE NEUTROPHILIA

- Occurs within 4-5 hr of a pathologic stimulus
- Results from increase in the flow of neutrophils from BM storage pool to PB
- More pronounced than immediate neutrophilia
- The immature neutrophils may increase, more bands & if demand continues release of metamyelocyte & myelocyte seen.
- As BM production increase & storage pool replenished the WBC differential return Normal

# Band Cells



# CHRONIC NEUTROPHILIA

-Follows Acute Neutrophilia

-If stimulus continues beyond a few days ,the storage pool depleted,& BM shows increased numbers of early neutrophil precursors including Myeloblasts, Promyelocytes & Myelocytes.

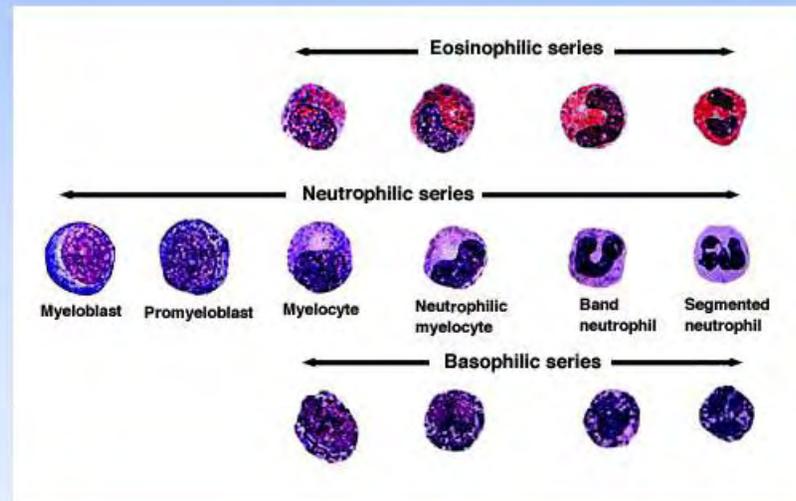
-PB show increased

Bands, Metamyelocyte, Myelocyte & rarely

Promyelocyte so named=**SHIFT TO THE LEFT**

# Leukocyte Morphology

## Juvenile cells

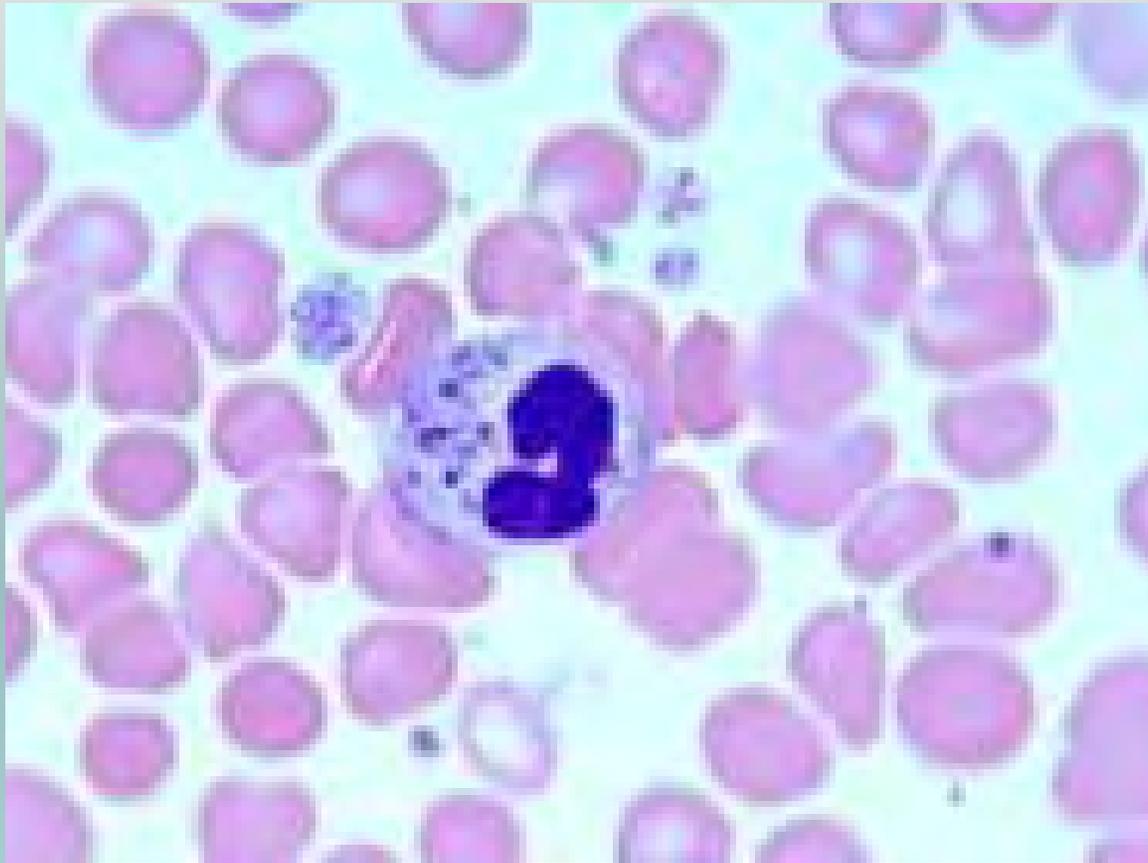


# Conditions Associated with Neutrophilia

- 1- Acute Bacterial & Fungal Infections
- 2-Inflammatory Processes
- 3-Metabolic alterations;uremia,eclampsia,gout
- 4-Neoplasms
- 5-Acute Hemorrhage or Hemolysis
- 6-Rebound from BMT or CSF treatment
- 7-Certain chemicals,toxins,drugs
- 8-Chronic Myeloproliferative Disorders

# Reactive Chronic Neutrophilia

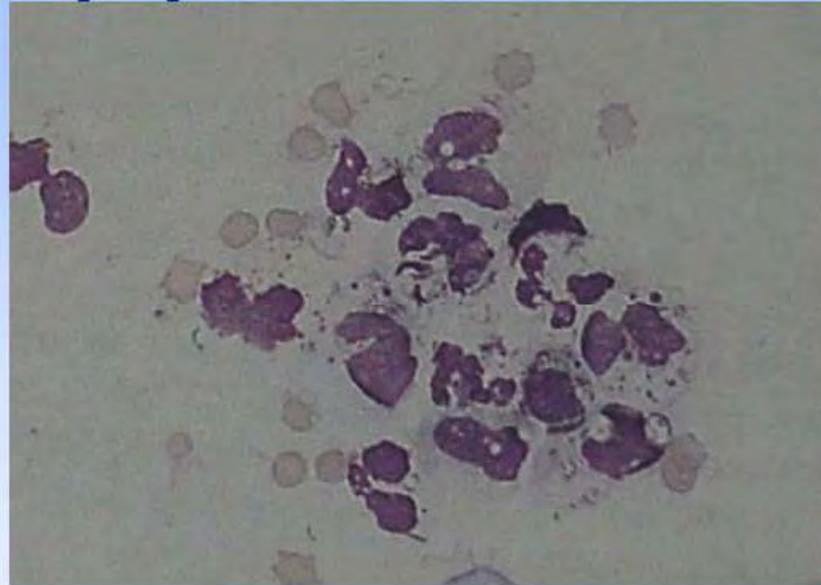
- caused by benign or toxic conditions
- total WBC count less than  $50 \times 10^9/L$
- the immature cells seen in PB are Bands & Metamyelocytes
- toxic changes(toxic granulation,Dohle bodies & cytoplasmic vacuoles) seen even after WBC count return to normal.
- LAP score may elevated.



# Bacterial Infection

- most common cause of neutrophilia(pyogenic ones as satph & strep)
- depend on bacterial; **Virulence, Extend of infection & Response of host** WBC count may range from  $7.0 \times 10^9/L$  to  $70 \times 10^9/L$  but usually it is around  $10-25 \times 10^9/L$ .
- in sever infections BM exhausted & Neutropenia developed with poor prognosis

# Karyolysis



# Other Considerations

\* Chronic bacterial infection leads to chronic stimulation on BM & new steady state of increase Neutrophil production develop.

\*Other

organisms(Fungal,Rickettsia,Spirochete,Parasites

\*Certain bacteria are with **Neutropenia**.

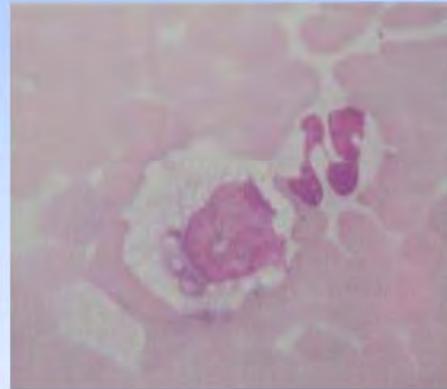
\*Whooping cough is with **Lymphocytosis**.

\*Early course of viral infections **Neutrophilia**.

# Leukocyte Morphology

Blood Parasites

Histoplasma



# Tissue

## Destruction/Injury, Inflammatory, Metabolic Disorders

### Etiology;

By increasing Neutrophil input from BM in response to increased egress to the tissue.

Damaged tissue release cytokines act as chemotactin(WBC granules, O<sub>3</sub>-, crystals UA,...

**Disease States such as;** Tissue necrosis & Infarction, Burns, Neoplasms, Trauma, Uremia, Rheumatoid arthritis, Gout, Drug intoxication,...

# Leukemoid Reaction

**Pathophysiology;** extreme neutrophilic reactions to severe infections or necrotizing tissue.

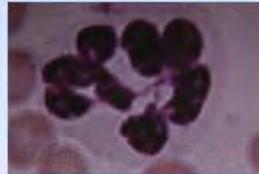
**Definition;** a benign leukocyte proliferation by a total WBC count usually greater than 50,000/ $\mu$ l with many circulating immature WBC precursors. In Neutrophilic Leukemoid Rx, PB contain many Bands, Metamyelocytes, increased Myelocytes & Promyelocytes and rarely Blasts

# Leukemoid Reaction...

- \* PB picture may indistinguishable from **CML**.
- \*\* **D.Dx** ; Genetic studies, Molecular analysis, Leukocyte Alkaline Phosphatase (LAP) score,...
- \*\*\* Contrary to Leukemia ,the leukemoid reaction is **Transient**,fade after inciting stimulus.
- \*\*\*\* Can be seen in;Chronic infections(TB), Ca of Lung,Stomach,Breast,Liver & others

## Neutrophil

- Segmented
- Hypersegmented: 5 or more segments, usually due to normal aging process, but can be seen in toxic situations.



# Leukoerythroblastic Reaction

is characterized by the presence of **nucleated erythrocytes** & a **neutrophilic shift to the left** PB.

The Total Neutrophil count may;  
Increase, Decrease, or Normal.

The erythrocytes often exhibit **poikilocytosis** with **teardrop shapes & anisocytosis**. Mostly often in Chronic Myeloproliferative states (myelofibrosis, myelophthisis & severe hemolytic anemia (HDFN))

# Stimulated Bone Marrow States

\*when BM is stimulated to produce RBCs(in response to hemorrhage/hemolysis) neutrophils may also share in process lead to neutrophilia.

\***Hematopoietic Growth Factors**(GM-CSF) can rapidly increase total WBC count & it's precursor including Blasts(used in BMT,High dose Chemotherapy,Stem cell donate

\*Drugs(Corticosteroid) I output, D migration

# Physiologic Leukocytosis

- at birth & for first few days of life, with a slight shift to the left.
- Physiologic stress including ;  
exposure to extreme temperature, emotional stimuli, exercise and labor during delivery could cause neutrophilia generally without a shift to the left.

# NEUTROPENIA

Occurs when Neutrophil Count falls below;  
 $1.5-2.0 \times 10^9/L$  (varies with ethnic group).

**Agranulocytosis**, when neutrophil count is below  
 $0.5 \times 10^9/L$ .

mostly associated with high probability of  
infection. Basophils & Eosinophils also commonly  
depleted in severe neutropenia.

# Causes of Neutropenia

- 1-Decrease bone marrow production
- 2-Increase cell loss(due to immune destruction or increase neutrophil egress to tissue)
- 3-Pseudoneutropenia(increase neutrophil margination)
- 4-Spurious or False neutropenia result from neutrophil agglutination,disintegration&Lab instrumental problem or error

# Decrease Bone Marrow Production

Bone marrow show myeloid hypoplasia, and M:E ratio is decreased.

With decrease production BM storage pool is depleted, neutrophil egress to tissue also decrease and both circulating & marginal pools decrease.

Immature cells may enter the PB in attempt to alleviate to neutrophil shortage. Cells younger than Band are less efficient in phagocytosis

# Stem Cell Disorders

- Stem cell failure such as **aplastic anemia, radiotherapy or chemotherapy** or infiltration of hematopoietic tissue by malignant cells(**myelophthisis**).
- Of new leukemia cases 40% present with total leukocyte count less than  $10 \times 10^9/L$ , because normal precursor cells in BM replaced but malignant cells havenot egressed to PB yet.

# Megaloblastic Anemia

- Neutropenia is a characteristic findings in megaloblastic anemia & myelodysplastic syndroms(MDS).
- Marrow is usually hyperplastic.
- Neutropenia result from abnormal myeloid cells being destroyed before release to peripheral blood(**Ineffective granulopoiesis**).

# Congenital Neutropenia

## Disorders of Production

*cyclic neutropenia, familial neutropenia, Fanconi pancytopenia, Reticular dysgenesis, severe congenital neutropenia, Wiskott-Aldrich syndrome*

## Disorder of RNA synthesis & processing

*cartilage-hair hypoplasia, Dyskeratosis congenita, Shwachman-Diamond syndrome*

## Disorders of Metabolism ( Barth

*syndrome, Glycogen storage disease, type 1b)*

## Disorders of vesicular transport ( Chediak-

*Higashi, Cohen, Griscelli, Hermansky-pudlak*

# Immune Neutropenia

- \*Antibodies directed against neutrophil-specific antigens(NA)may cause decrease in number .
- \*Leukocytes destroyed similar to RBCs(IHA)
- \*Immune mechanisms;1-Direct cell lysis or 2-Sensitization & subsequent sequestration in spleen.Two types present;**Alloimmune** and **Autoimmune neutropenia**

# Alloimmune Neonatal Neutropenia

Occurs when transplacental transfer of maternal alloantibodies directed against infant's neutrophil antigens (infant Ags are paternal origin).

Affected infants may develop infections, until neutropenia resolved usually in few weeks, same as Rh HDN except first child can be affected.

Alloimmune Neutropenia can result : transfusion

# Autoimmune Neutropenia

Two forms recognized: Primary & Secondary  
**Primary AIN** ;antibody-coated neutrophils are sequestered&destroyed by spleen.Unknown etiology, Young children with fever & infection,spontaneous remission after 13-20 month.**Secondary AIN** in older patients with other autoimmune disorders(SLE,RA),antineutrophil Abs arenot only cause & actual target of Abs not known.

# Hypersplenism

May result in a selective culling of neutrophils producing mild neutropenia.

The Bone Marrow exhibits neutrophilic hyperplasia.

Thrombocytopenia and occasionally Anemia may also accompany hypersplenism.

# Spurious, or False Neutropenia

- 1- EDTA induced neutrophil adherence to RBCs
  - 2- Disintegration of Neutrophils over time prior to testing
  - 3- Disruption of abnormally fragile leukocytes during preparation of the blood for testing
  - 4- Neutrophil aggregation (some paraproteins)
- Pseudoneutropenia** shift of CGP to MGP in some endotoxin bacteria & hypersensitivity (transient)

# Qualitative or Morphologic Neutrophil Abnormalities

## *Nuclear Abnormalities*

*Pelger-Huet, Hypersegmentation, Pyknotic nuclei*

## *Cytoplasmic Abnormalities*

*Dohle bodies, Toxic granules, Cytoplasmic  
Vacuoles, intracellular organism (fungi, bacteria)*

## *Inherited Functional Abnormalities*

*Alder-Reilly anomaly, Chediak-Higashi, May-  
Hegglin anomaly, Chronic Granulomatous  
Disease, Myeloperoxidase & Adhesion Deficiency,*

# Pelger-Huet Anomaly

A benign anomaly, autosomal dominant fashion occurring 1 in 5000 individuals.

Nucleus does not segment beyond two-lobed stage & may appear round with no segmentation

Coarse chromatin clumping aid to DDX to Band.

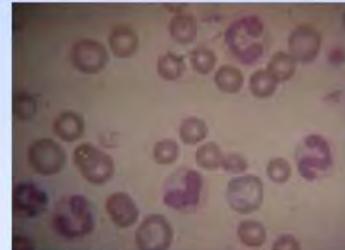
"pince-nez" shape: dumbbell shape with two lobes connected by a thin strand of chromatin.

Acquired/pseudo Pelger-Huet in CMD/MDS

## Band vs Seg



- When in doubt, throw it to the more mature side.
- Call it a seg, unless you're sure its a band, since bands are seen in more severe inflammatory processes.



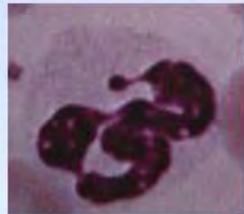
# Hypersegmentation

larger than normal neutrophils with six or more nuclear segments are a common & early indicator of Megaloblastic Anemia. These cells with pancytopenia & Macro ovalocytes typically accompany vit B12 deficiency.

Rarely hereditary hypersegmentation reported without clinical significance.

## Neutrophil:

- Segmented; (able to find part of nucleus 1/2 width compared to another part)
- Barr Body: a sex linked chromosome seen in females.



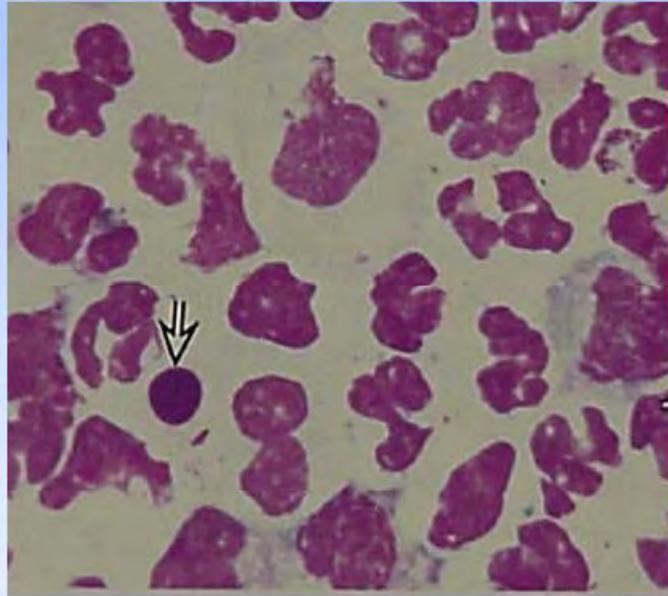
# Pyknotic Nucleus

Pyknotic or degenerating nuclei found in dying neutrophils in PB & other body fluids.

The nuclear chromatin condenses & the segments disappear becoming smooth, dark-staining spheres.

If nucleus round these necrotic cells may be confused with nucleated erythrocytes(nRBC).

# Pyknosis



# Dohle Bodies

Dohle bodies are light gray-blue oval inclusions in cytoplasm of neutrophils & eosinophils.

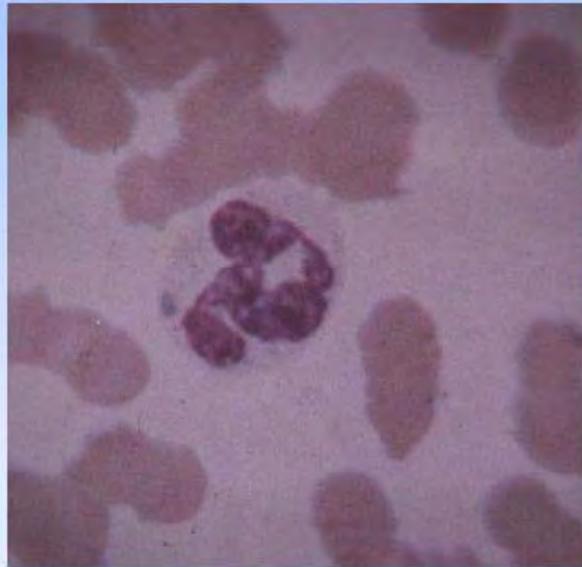
Found near the periphery of cell.

Composed of aggregates of rough endoplasmic reticulum(RER).

May seen in sever infections, burns, cancer, drugs.

Looked for other toxic granulation & reactive morphologic changes. Same in May-Hegglin.

## Dohle bodies



# Toxic Granules

Are large, deep, blue-black primary granules in cytoplasm of segmented Neutrophils & sometimes in bands & meta myelocytes.

Toxic granules retain their basophilia in the mature neutrophils

Toxic-like granules/inclusions can seen:  
-as artifact with increased staining/low pH

# Toxic Granulation



# Cytoplasmic Vacuoles

Appear as clear,unstained areas.

Represent the end stage of  
phagocytosis.

Seen in Same conditions of Toxic  
Granulation & Dohle bodies.

As artifact in stored EDTA blood  
but smaller &uniformly dispersed

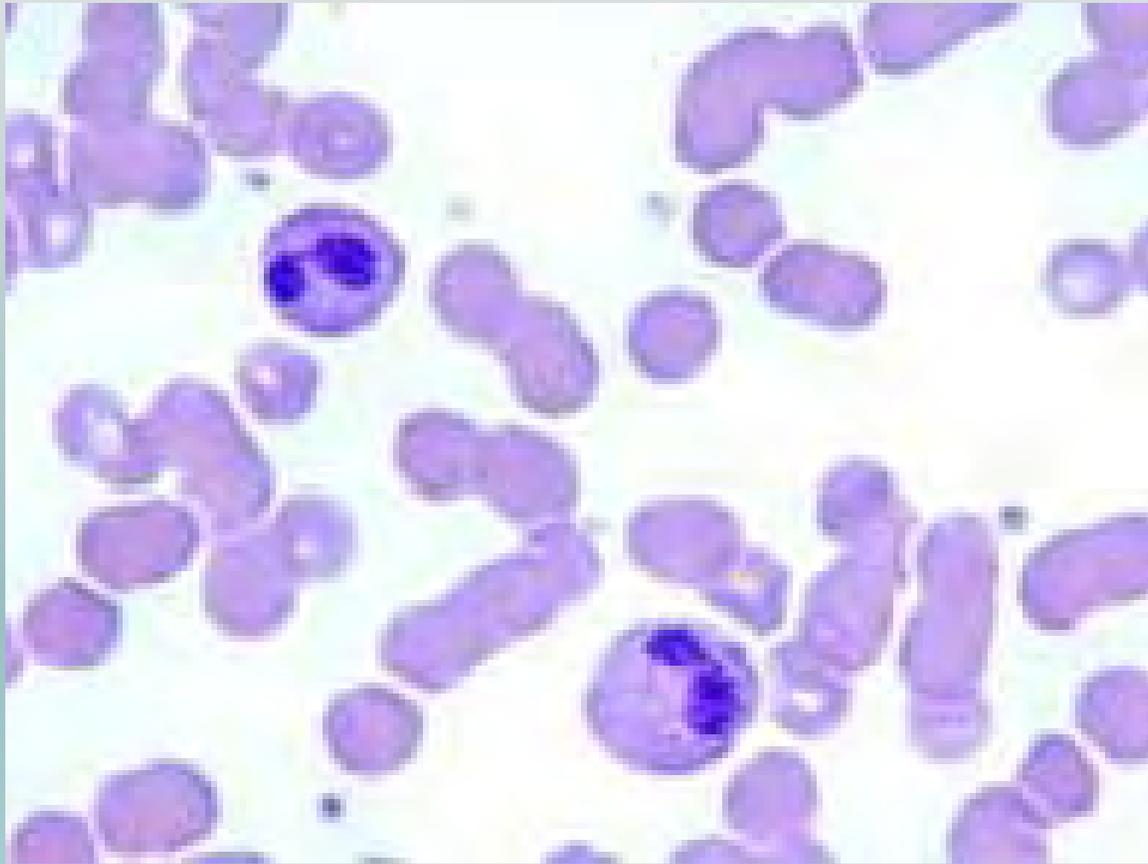
# Vacuolization



# *Inherited Functional Abnormality*

## *Alder-Reilly Anomaly*

*-Inherited condition by presence of large purplish granules in all leukocyte cytoplasm in lysosomal storage disorders (Huebler & Hunter syndromes) mucopolysaccharide stained metachromatically with toluidine blue*



# *Chediak-Higashi Syndrome*

A rare autosomal recessive disorder, with death in infancy or childhood due to recurrent bacterial infections.

Giant gray-green peroxidase positive bodies & Giant Lysosomes in WBC & other granule-containing cells of other tissues.

Result as fusion of primary & secondary neutrophilic granules.

Neutropenia & thrombocytopenia seen

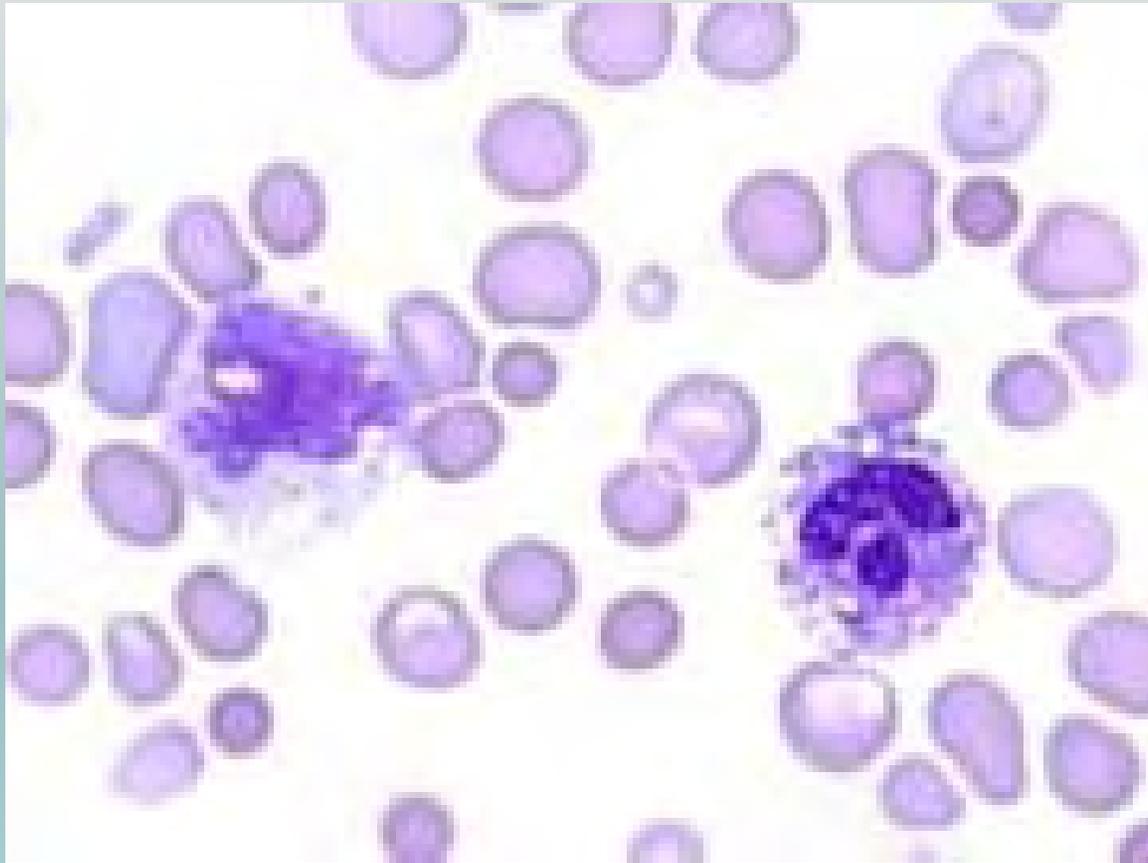
# *May-Hegglin Anomaly*

Rare inherited autosomal dominant trait in which granulocytes contain inclusions similar

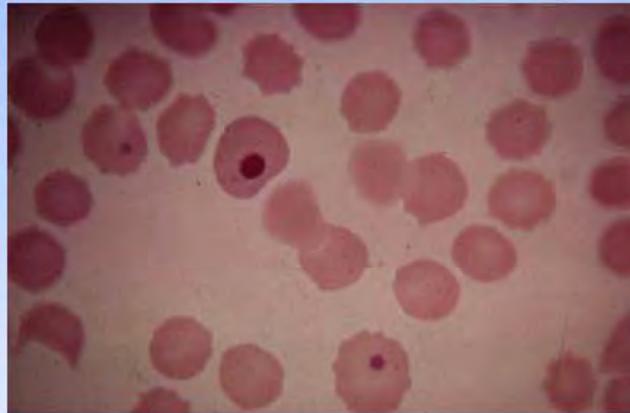
To Dohle bodies consisting mainly of RNA from rough endoplasmic reticulum.

Larger & more round vs Dohle bodies.

Variable thrombocytopenia & giant platelets may be seen. Abnormal bleeding due to low platelets may exhibit.

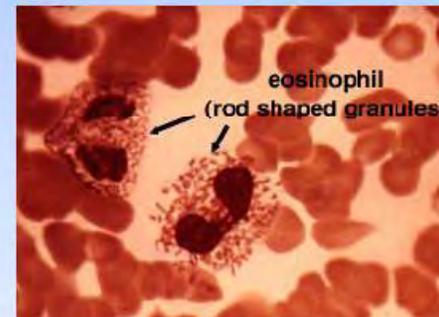
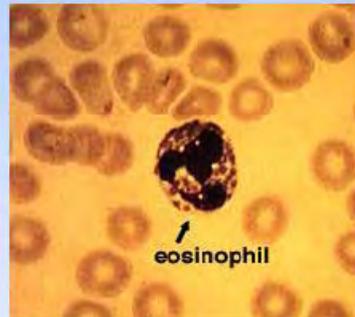


## Distemper Inclusion Bodies



# Leukocyte Morphology

## 'Normal' Eosinophil



# ***EOSINOPHIL DISORDERS***

**Reactive(secondary)Eosinophilia**

**Primary Eosinophilia**

# *Reactive (secondary) Eosinophilia*

Increase above  $0.4 \times 10^9/L$  be induced due to  
T-lymphokines secretion:

1-Tissue invasive parasites

2-Allergic conditions

3-Respiratory tract disorders

4-Gastrointestinal diseases

5-Skin & Connective tissue disorders

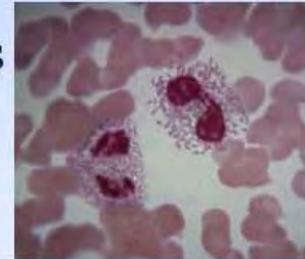
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## Eosinophil: allergic reaction, parasitology

■ Canine: round granules



■ Feline: rod-shaped granules



# *Primary Eosinophilia*

Collectively known as **Hypereosinophilic syndrome(HES)** persistent blood eosinophils

Above  $1.5 \times 10^9/L$  with tissue infiltration.

## *1-Idiopathic HES*

## *2-clonal eosinophilia:*

*-eosinophilic leukemia*

*-chronic eosinophilia*

# Leukocyte Morphology

## 'Normal' Basophil



# *Basophil & Mast cell Disorders*

Both cells are important in inflammatory & allergic reactions, release inflammatory mediators. Immune mechanisms maybe:

IgE-dependent &  
IgE-independent

**Basophilia**=*increase above  $0.2 \times 10^9/L$*   
*associated with immediate hypersensitivity R*  
*xs & chronic myeloproliferative disorder*

**Basophilic Leukemia** *very rare >80% basophi*  
*l*

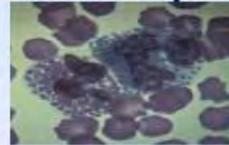
**Basopenia** *inflammation & immune Rxs*

## Basophil: severe allergic reaction

- Canine: dark blue granules (darker than the nucleus)



- Feline: Round lavender granules (subtle difference in color... look at shape of granule)



# Leukocyte Morphology

## 'Normal' Monocytes



# *Quantitative Monocyte Changes*

## **Neoplastic**      MDS/MPD

chronic myelomonocytic leukemia

juvenile myelomonocytic leukemia

chronic myelogenous leukemia

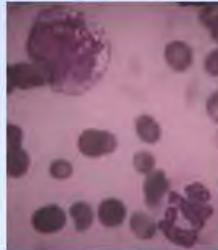
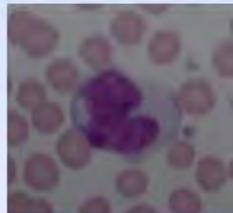
Acute monocytic, myelomonocytic &  
myelocytic leukemia

**Reactive**      inflammation/collagen/immune  
disorders/certain infections

**Monocytopenia**      stem cell disorders  
such as aplastic anemia

## Monocytes

- Largest cell, absent or present in low #'s
- Nuclei can be different shapes, oval, kidney-bean shaped, multiple indentations, amoeboid
- Moderate amount of cytoplasm, typically blue-gray, may have multiple, variably sized vacuoles.



# *Qualitative Monocyte Disorders*

## **Lysosomal storage disorders**

*Gaucher Disease*

*Niemann-Pick Disease*

*Miscellaneous (Tay-sachs, Sandhoff & Wolman disease)*

*Inherited deficiency in one or more enzymes  
in lipid metabolism*

***Sea-Blue Histiocytosis Syndrome***

## Peripheral WBC's

### ■ 2. Agranulocytes

- ◆ Lymphocyte-immune response
- ◆ Monocyte-chronic inflammation phagocyte



